Conflict Cycle Worksheet

1. Describe the stressful event

2. Describe the youth's thoughts

Student Stressful Event

Student's Thoughts

Conflict Cycle

Adult's Reaction

Student's Feelings

Student's Behavior
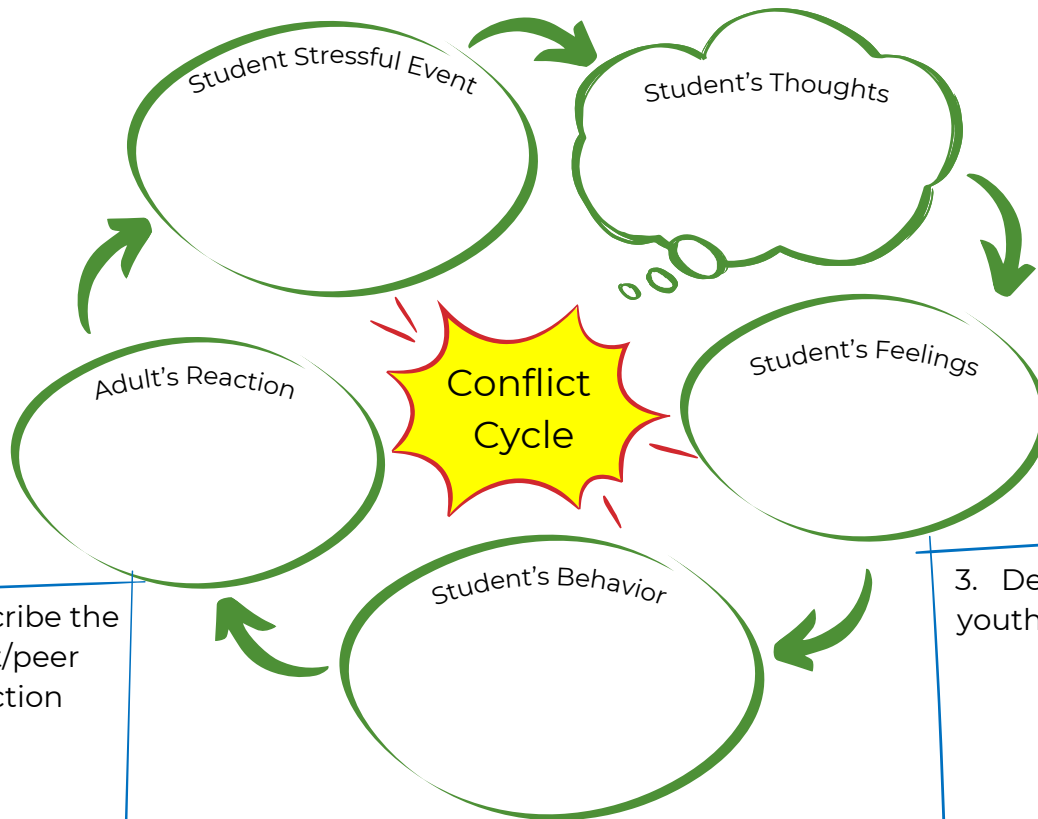
5. Describe the adult/peer reaction

4. Describe the youth's behavior

3. Describe the youth's feelings